

Jose A. Lara D.C.
Gonstead Physical Medicine, P.C.

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| <p><u>Professional Activities</u></p> <p>2003-present 1999-present 1999 – 2003 1997-present 1997-present 1997-present 1997-present 1994-present 1994-present 1991–present</p> | <ul style="list-style-type: none"> • Palmer Chiropractic clinics approved intern preceptorship program • Post graduate faculty, Palmer college of Chiropractic • Gonstead Seminar of Chiropractic staff, and instructor • Post graduate faculty, Northwestern College of Chiropractic • Northwestern College of Chiropractic preceptorship program • Sherman College of Straight Chiropractic extension faculty member • Parker College of Chiropractic approved visiting post graduate instructor • Guest instructor/speaker Life Chiropractic College West • Licensed to practice Chiropractic in Arizona • Recognized instructor and authority of the Gonstead System of Chiropractic |
| <p><u>Awards and Distinctions</u></p> <p>1999 1996 1996 1994 1993 1993 1993 1993 1992</p> | <ul style="list-style-type: none"> • Selected to teach for The Gonstead Seminar of Chiropractic • Awarded the title of Gonstead Diplomate • Awarded Key to the city of San Salvador, El Salvador, C.A. • License to practice Chiropractic in the states of Arizona and Georgia • Doctor of Chiropractic degree from Life College School of Chiropractic 12-93 • Student of the year award for the Gonstead System of Chiropractic • Vice-president for the Gonstead Study Club, Life College School of Chiropractic • Senior intern program, Life College School of Chiropractic • Secretary-Treasurer for the Gonstead Study Club, Life College School of Chiropractic |
| <p><u>Community Activities</u></p> <p>2010-present 2003-present 1996</p> | <ul style="list-style-type: none"> • USSF National licensed soccer coach, youth soccer coach, ASA member, CCV Stars soccer coach, pro trainer • Appointed Elder for Capilla Calvario de Phoenix (Calvary Chapel Church). Responsibilities include the overseeing of multiple ministries. • Junior Achievement program |
| <p><u>Affiliations</u></p> <p>1999 1999-present 1996 1995 1994 1993 1991–1996</p> | <ul style="list-style-type: none"> • International Gonstead Chiropractic Society • Better Business Bureau, Arizona • El Salvadorian Association of Chiropractic • Christian Chiropractic Association • Arizona Chapter of the Gonstead System • Member of the Blue Ridge Chapter of the Gonstead Clinical Studies Society, TN. |

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| 1990-present | <ul style="list-style-type: none"> • International Chiropractic Association • Gonstead Clinical Studies Society |
| <p><u>Work Experience</u> 2018 1994 to present 1996 to 2000 1996-2000 1996-2000 1994 1993-present 1993-present 1991-present</p> | <ul style="list-style-type: none"> • Liquivida Lounge, IV nutrition vitamin therapy • Gonstead Physical Medicine P.C. CEO, Arizona. • Own and manage clinics with multiple doctors as employees in the U.S., El Salvador and Costa Rica, Central America • Organized Chiropractic missions to the country of El Salvador • Instrumental in legalizing the Chiropractic profession in El Salvador C.A. • Post graduate inter-ship with Roger Heschong, D.C., president of The Gonstead Clinical Studies Society • Recognized International authority for The Gonstead System of Chiropractic • International consultant for Clinical Chiropractic Protocols • Clinical Chiropractic Instructor |
| <p><u>Additional Skills/Interests</u></p> | <ul style="list-style-type: none"> • Fluent in Spanish • Bible Studies • Christian Apologetics • Christian Discipleship, Counseling, marriage counseling, men’s ministries • Exercise, Nutrition, Physical Fitness • USSF National licensed Soccer coach • Loves spending time in the outdoors and hunting with family and friends |
| <p><u>References</u></p> | <ul style="list-style-type: none"> • Available upon request |